

**Reaching Families in
Tower Hamlets
through the
Family Nurse Partnership**

At a Glance

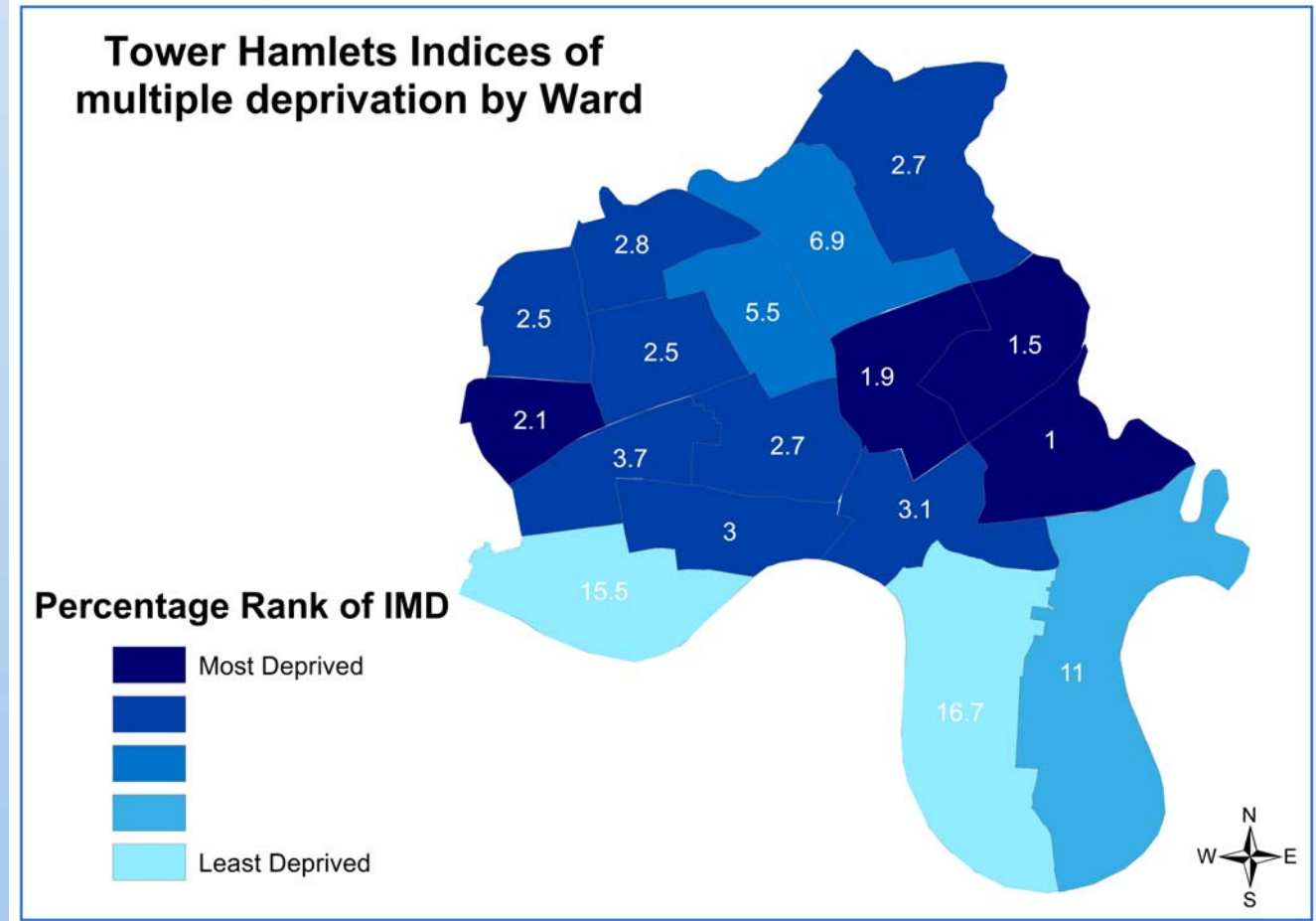




Social Factors: Index of Multiple Deprivation (IMD)

Deprivation rank:

Tower Hamlets –
2nd in England; 1st
in London



Indices include income, employment, health, education, housing, crime and environment domains

Local population:ethnicity

- White British (52%)
- Bangladeshi (34%)
- African-Caribbean (6%)
- Other Group (9%)

Children In Poverty

Borough	% children in poverty	Rank in London (out of 33)
Tower Hamlets	74.28	1
Hackney	61.96	2
Newham	58.73	3
Barking and Dagenham	43.64	11
Waltham Forest	41.88	13
Redbridge	29.28	21
Havering	23.70	26

Goals for Tower Hamlets

- Continue to improve breast feeding rates
- Reduce drug use, smoking, alcohol use, dental caries, obesity, & health inequalities
- Improve diet/physical activity, emotional well-being & mental health
- Enhance joint working to support transition from education to employment by linking regeneration outcomes more firmly with children's services

Family Nurse Partnership

3 Goals:

- Improve pregnancy outcomes
- Improve child health, development and future school readiness and achievement
- Improve parents' economic self-sufficiency

Intensive Home Visiting

- Visiting starts from 16 -28 weeks gestation
- Seen weekly for the first 4 weeks
- Every other week for the remainder of pregnancy
- After birth, every week for the first six weeks
- Every other week until the baby is 21 months old then once a month until baby is 2 years old

Structure of the Visits

6 domains

- Personal Health
- Environmental Health
- Life Course Development
- Maternal Role
- Family & Friends
- Health & Human Services

Partnership Working

- Community/Sure Start Midwives
- Health Visitors
- GP's
- Children's Centres
- Pupil Referral Units
- Social services
- Psychology Services
- Homeless Families
- Options
- Youth Offending Teams
- Lifeline
- Paediatric Liaison
- Breastfeeding Support

How is it Being Evaluated

- Evaluation of feasibility in England
- Birkbeck University processes both the qualitative and quantitative data that is submitted monthly
- Interviews of mothers/staff teams/local stakeholders

What Makes this Programme Different ?

- Opportunity to build trusting, sustainable, working relationships from early in pregnancy until the child is two through intensive home visiting
- Intensive specialist training for practitioners
- Working with rigorously evaluated materials
- Each visit has a specific structure, content and focus with an emphasis on working with clients' strengths
- Structured supervision is an integral part of the programme